

# LOW VOLTAGE ARC FLASH/ELECTRICAL SAFETY TRAINING

January 13, 2020 | Saskatoon, SK January 14, 2020 | Winnipeg, MB January 16, 2020 | Mississauga, ON

January 21, 2020 | Edmonton, AB

January 23, 2020 | Richmond, BC

May 4, 2020| Edmonton, AB May 5, 2020 | Winnipeg, MB May 6, 2020 | Mississauga, ON May 11, 2020 | Richmond, BC 1-DAY COURSE \$399



### HIGH VOLTAGE ELECTRICAL SAFETY TRAINING

January 15, 2020 | Winnipeg, MB January 17, 2020 | Mississauga, ON January 22, 2020 | Edmonton, AB January 24, 2020 | Richmond, BC

January 24, 2020 | Richmond, May 7, 2020 | Mississauga, ON May 12, 2020 | Richmond, BC 1-DAY COURSE \$399 SPONSORED BY



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### COMBINED LV/HV ELECTRICAL SAFETY

January 14-15, 2020 | Winnipeg, MB January 16-17, 2020 | Mississauga, ON January 21-22, 2020 | Edmonton, AB January 23-24, 2020 | Richmond, BC May 6-7, 2020 | Mississauga, ON May 11-12, 2020 | Richmond, BC

**BOTH COURSES** 

\$699

#### **COMPLETE COURSE DETAILS AT**

LV - WWW.ELECTRICITYFORUM.COM/ELECTRICAL-TRAINING/ARC-FLASH-TRAINING
HV - WWW.ELECTRICITYFORUM.COM/ELECTRICAL-TRAINING/HIGH-VOLTAGE-SAFETY-TRAINING
COMBINED - WWW.ELECTRICITYFORUM.COM/ELECTRICAL-TRAINING/LV-HV-ARC-FLASH-TRAINING

### The LV & HV Safety Training Courses Include:

- 100+Page Digital Electrical Safety Handbook (Value \$20)
- An Electricity Forum Coupon (Value \$100) to be used against any future Electricity Forum event (restrictions apply)
- 1.4 CEU credits issued by the Engineering Institute of Canada.
- Course Presentations in Paper Format
- A FREE Magazine Subscription (Value \$50)
- NOTE: This course DOES NOT INCLUDE A CSA Z462\* Standard. Copies of the CSA Z462\* Standard must be purchased separately from Canadian Standards Association and brought to the course.

#### DAY ONE - LOW VOLTAGE ARC FLASH AND SHOCK TRAINING

#### 8:00am UNDERSTANDING ELECTRIC POWER SYSTEMS

- Time-Current Curves & Power System Studies
- Electrical Arc Characteristics

#### PREPARING TO WORK SAFELY

- Hazard Risk Analysis/Task Assessment
- Assessment to Lockout or Work Energized
- Overview of Lockout Fundamentals
- · Working Energized defined
- Preparing a Job Briefing and Planning Checklist
- How to plan for an Energized Electrical Work Permit
- Elements of an Energized Electrical Work Permit

#### **ELECTRICAL HAZARDS**

- Electrical Shock
- Effects of current on human beings
- Shock Protection Boundaries
- Approach to Energized electrical conductors or circuit parts operating at 50 Volts or more

## ESTABLISHING AN ELECTRICALLY SAFE WORK CONDITION

The most effective way to prevent electrical injury is to completely remove the source of supply. This section will discuss the methods and process of achieving an electrically safe work condition. Including the following:

## HAZARDOUS ELECTRICAL ENERGY CONTROL PROCEDURES

- a. Individual Qualified Employee Control Procedure
- b. Simple Lockout Tagout Procedure
- c. Complex Lockout Tagout Procedure
- d. Coordination
- e. Training and Retraining

### DETERMINING SAFE APPROACH DISTANCE

Determining Safe Approach Distance Definitions of Boundaries and Spaces Limits of Approach Shock Hazard Analysis Shock Protection Boundaries Limited Approach Boundary Restricted Approach Boundary Prohibited Approach Boundary Hazard Boundary

#### **Shock Hazard Boundaries**

- Limits of Approach
- Preparation for Approach
- Qualified Persons, Safe Approach Distance

Electrical Conductors or Circuit Parts for Shock Protection

Safe Working Distances from Energized Conductors

### BASIC METHOD FOR DETERMINING ARC FLASH HAZARD ASSESSMENT

Breakdown and characteristics of the 4 Hazard Risk Categories - NEW

Selection of Personal Protective Equipment for Various Tasks

Hazard/ Risk Category Classification Protective Clothing and Personal Protective Equipment (PPE)

Protective Clothing Characteristics Factors in selection of Protective Clothing and Equipment

Two Category, Flame Resistant (HRC/ Hazard Risk Category) Clothing System - NEW Layering Protective Clothing and Total System Arc Rating

Arc Rating, Arc Thermal Performance Value (ATPV) and Break-open Threshold Energy (EBT)

Brief overview of applicable ASTM standards for Protective Clothing and PPE

### NEW ANNEX: Prevention of Shock Injuries from Electrostatic Discharges

Prevention of Shock Injuries from Electrostatic Discharges, describes workplace scenarios, such as high-speed network operations, in which potential for shock injury from electrostatic discharge exists. This Annex identifies methods to prevent, control, and protect personnel from injury. NEW: DC Safety-related Work Practices

#### CSA Z462 PPE CLOTHING REQUIRE-MENTS, Arc Rated CLOTHING TESTING STANDARDS, HOW TO ESTABLISH A PPE PROGRAM IN YOUR COMPANY

The evolution of Arc Resistant (AR or HRC) fabrics

Changes in Clothing Requirements in Electrical Work - New

The various types of HRC fabrics that are available in the marketplace

HRC fabrics and the effects of undergarments

Review the technology and effectiveness of inherently flame resistant fibers vs chemically treated fabrics

Developing a PPE Program in Your Company

Assessing the correct Arc Flash hazard and choosing the right level of protective clothing

Company training and worker compliance Documentation QUIZ

A quiz to ensure student understanding of the days information

#### ...and more

#### **DAY TWO - HIGH VOLTAGE ELECTRICAL SAFETY**

#### 8:00am

## RECOGNIZING HV ELECTRICAL SAFETY HAZARDS

A detailed review of critical electrical safety hazards created by energized electrical equipment:

- Insulation
- Power Cables
- Power Transformers
- Instrument Transformers
- Dealing With Fault Currents
- Disconnect Switches
- Switchgear
- · Circuit Breakers
- Fuses
- Electrical Relays
- Motor Starters
- AC/DC Motors
- Capacitors
- Emergency UPS Systems

## RESOLVING HV ELECTRICAL SAFETY HAZARDS

Objective: Determine the controls used to protect workers from all energy sources created in the workplace. Benefits of a safe workplace include fewer injuries, lower worker compensation costs, reduced service interruptions, greater protection of capital investment, and increased uptime. This section will provide you with a detailed blueprint that maximizes electrical safety and all the benefits it generates.

- · Hierarchy of Controls
- Management Control
- Legislation
- · Electrical Code
- Purchasing Controls
- · Engineering Controls
- Training
- Safety Documentation
- Rules
- Safe Work Practices
- · Safe Work Procedures
- Codes of Practice
- Operating Procedures
- Permits & Clearances
- Switching Procedures
- Physical Equipment
- · Personal Protective Equipment
- Safety Equipment
- Signs and Barriers
- Equipment Protection
- Interlock
- Grounding
- Field Control
- Inspections
- · Job Planning
- · Pre-job Meeting
- Hazard Identification
- · Hazard Reporting
- · Work Methods

- Limits of Approach
- Switching Practices

### GENERAL HV ELECTRICAL SAFETY REQUIREMENTS

- Review of Standards and OH&S Regulations
- HV electrical qualifications
- Poles and structures
- Obstructions on poles
- Properly informing electrical workers
- Working in service rooms
- Space around equipment
- Working with HV test equipment
- Insulated aerial devices

#### **HV SWITCHING**

This section of the course will instruct how to: interpret and use a single line diagram to write a switching sequence to safely isolate an electrical device for work; Validate existing operating orders and switching procedures; and Develop and maintain mandated documentation for all electrical equipment isolation and maintenance work.

- Single Line Diagrams
- Using Prints
- Electrical System Drawings
- Safety Documentation
- Isolation
- Lockout/Isolation
- Switching Workshop

### WORKING ON HIGH VOLTAGE ELECTRICAL EQUIPMENT

Isolation and lockout
Warning signs

### WORKING ON DE-ENERGIZED HIGH VOLTAGE POWER SYSTEMS

- Isolation and lockout
- Person in charge
- Switching sequences
- Isolating devices
- Grounding and blocking
- Working with multiple authorities

# WORKING CLOSE TO ENERGIZED HIGH VOLTAGE EQUIPMENT AND CONDUCTORS

- Minimum clearances
- General limits of approach
- Assurance in writing
- Assurance not practicable
- When is a worker specially trained and qualified
- Adjusted limits of approach
- Emergency work procedures
- Authorization by owner to perform

...and more

#### WAYS TO REGISTER



1 (855) 824-6131 (905) 686-1040 ON-LINE:



www.electricityforum.com/electrical-training/arc-flash-training

The fee includes Course presentation materials, refreshments, Lunch is included with this course.

NOTE: This course DOES NOT INCLUDE A CSA Z462-18 Standard. Copies of the CSA Z462-18 Standard must be purchased separately from Canadian Standards Association and brought to the course.

The registration fee to attend the 1-Day Arc Flash and Shock Electrical Safety Training Workshop is \$399.00 + Tax. The registration fee to attend the 1-Day High Voltage Electrical Safety Training Course is \$399.00 + Tax. The registration fee to attend the 2-Day LV/HV Electrical Safety Training Course is \$699.00 + Tax.

Register and prepay 14 days before forum date and receive an early bird discount of \$50.00

# SPECIAL PROMOTION: Register 3 delegates at the full price of \$399 each, and get a 4th registration FREE!

\* Note: The Electricity Forum is an independent provider of electrical safety training and is a Corporate Supporter of the CSA. All trademarks and copyright associated with the [CSA Z462-18 Arc Flash Standard] are the intellectual property of the Canadian Standards Association and the Electricity Forum claims no ownership of rights thereto.

#### **CANCELLATION AND REFUND POLICY**

Registration fees are refundable only upon receipt of written notification 10 days prior to the conference date, less a 10 per cent service charge. Substitution of participants is permissible. The Electricity Forum reserves the right to cancel any conference it deems necessary and will, in such event, make a full refund of the registration fees.

#### WHEN & WHERE

#### 1-DAY LOW VOLTAGE ARC FLASH AND SHOCK TRAINING

Saskatoon, SK January 13, 2020

Sandman Airport Hotel 310 Circle Drive **Tel:** 306-477-4844

Winnipeg, MB Jan 14, May 5, 2020 Sandman Hotel & Suites

1750 Sargent Ave. **Tel:** 204-775-7263

Mississauga, ON Jan 16, May 6, 2020

Hampton Inn and Suites 3279 Caroga Drive, Mississauga, ON

Tel: 905-671-4730

Edmonton, AB Jan 21, May 4, 2020

Sawridge Inn Edmonton South 4235 Gateway Blvd NW **Tel:** 780-438-1222

Richmond, BC Jan 23, May 11, 2020

Sandman Signature Vancouver Hotel & Resort 10251 ST. Edwards Drive

Tel: 604-278-9611

#### 1- HIGH VOLTAGE ELECTRICAL SAFETY TRAINING

Winnipeg, MB January 15, 2020

Sandman Hotel & Suites 1750 Sargent Ave. **Tel:** 204-775-7263

Mississauga, ON January 17, May 7, 2020

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Edmonton, AB January 22, 2020

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**Tel:** 780-438-1222

Richmond, BC
January 24, May 12, 2020
Sandman Signature Vancouver
Hotel & Resort
10251 ST. Edwards Drive
Tel: 604-278-9611

#### **COMBINED 2-DAY LOW VOLTAGE/HIGH VOLTAGE SAFETY TRAINING**

Winnipeg, MB January 14-15, 2020

Sandman Hotel & Suites 1750 Sargent Ave. **Tel:** 204-775-7263

Mississauga, ON January 16-17, May 6-7, 2020

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